

International Yoga Day

June 21, 2025 Celebrated

At

ICAR-Central Arid Zone Research Institute, Jodhpur



Organized by

EIACP-RP on Combating Desertification ICAR- Central Arid Zone Research Institute, Jodhpur

EIACP-RP unit at ICAR-CAZRI organized a yoga session on the occasion of "International Yoga Day-2025" on 21st June, 2025 on the theme "*Yoga for One Earth, One Health*" at CAZRI Campus under the direction of Director, CAZRI Dr. Sumant Vyas. The yoga session was held from 6:30 AM to 7:45 AM and was conducted by Yoga Teachers from Dr. Sarvpalli Radhakrishnan Ayurved University, Jodhpur; Dr. Himanshi Kriplani and Dr. Garvit Panwar. After yoga session Dr. Sumant Vyas explained the benefits of yoga to the participants and encouraged them to include yoga in their daily routine. Dr. P.C. Moharana Coordinator, EIACP also urged every officer and employee of the institute to keep positive thinking for remaining healthy or he should practice yoga daily. Yoga session was attended by Head of Divisions, Scientists, Officers and EIACP Staff. Event was coordinated by Sh. Dharmendra Bohra, Secretary, CAZRI Manoranjan Club, Programme officer Dr. Mayur Bhati and Sh.Avinash Khatri.

